



A T M E[®]
College of Engineering



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(Validity: 2022-23 to 2024-25)

Report on International Yoga Day Program

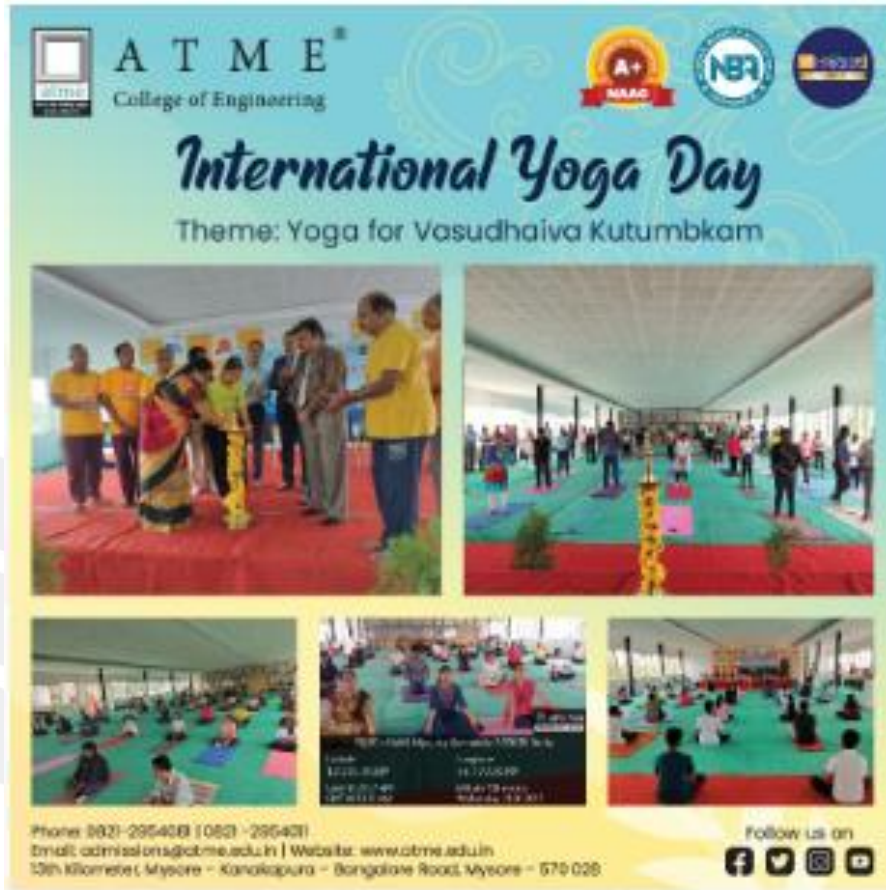
The International Yoga Day event is conducted on **21.6.2023** under the theme of **Vasudhaiva Kutumbakam** at ATME college of Engineering for staff and students.

In this connection, the institution had invited the trained Yoga team members from **Sri Patanjali Yoga Shikshana Samiti (SPYSS)**. **The trained yoga team members from SPYSS had accepted our invitation and conducted the event on 21.6.2023.** The team members from Sri Patanjali Yoga Shikshana Samiti (SPYSS) are **Mr. Vittal Raj, Mr. Santhosh kumar, Mr. Nagaraj, Mr. Gopal and Mr. Prakash kumar** conducted the event. the program starts with an invocation and **Prof. Devaraj M R** welcomed all the guests, yoga team members, Heads of different departments, staff, and students for the event. The **chief guest** of the function **Dr. A K Murthy, Principal**, expressed the benefits and importance of yoga practice while addressing the participants in the function. **Dr. A K Murthy** said during their presidential speech that yoga is the best exercise that one must have a regular practice to acquire sound health both physical and mental health including inner peace. In the event, trainers advised all staff and students to practice and do yoga regularly. On this occasion **Dr. Suneeth kumar** from civil engineering department performed the devotional song through musical instrument flute. **Prof. Devaraj M R** thanked all guests, staff members and student's community who presided over the function and sparing their valuable time.

The staff members **Mrs. Juslin F**, from ECE department, **Mr. Niranjan kumar V S, Dr. Mohanakumara K C, Mr. Rohith S** from ME department, **Mr. Chandrashekar** from Basic Science department and **Mrs. Keerthana** from CSE department extended their support for preparation and successful conduction of the event. **Mr. Devaraj M R**, from Mechanical Engineering department, **Dr. Muralidhar** from Physical Education department and **Mr. Rudresh** from Civil engineering department are worked as coordinators to this event and the program is Convened by **Dr. Yathisha L Dean- students affairs.**



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A file Photos of International Yoga Day



Guests are inaugurating the event by lighting the lamp.



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Guests and Yoga Team Members are on the Dias.



Guests and Yoga Team members are taking the oath on Yoga Day



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Dr. A K Murthy, Principal addressing the gathering in their presidential speech.



Participants are in Braahmari Posture

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Participants are in Vajrayana Posture.



Participants are in simple yoga postures.



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Participants are in Sukhasana yoga Posture.



Yoga team members are demonstrating Vrukshasana Posture to the participants.

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Group photo of Yoga Team Members, Coordinators and Participants